

6 Steps to Firing the Shot, Step 1:

SIGHT

ALIGNMENT.

*6 Steps to Firing the Shot,
Step 2:*

SIGHT PICTURE.

*6 Steps to Firing the Shot,
Step 3:*

**RESPIRATORY
PAUSE.**

*6 Steps to Firing the Shot,
Step 4a:*

**FOCUS YOUR EYE ON
THE FRONT SIGHT.**

6 Steps to Firing the Shot, Step 4b:

**FOCUS YOUR MIND ON
KEEPING THE FRONT
SIGHT ON THE TARGET.**

*6 Steps to Firing the Shot,
Step 5:*

**SQUEEZE THE
TRIGGER.**

6 Steps to Firing the Shot,
Step 6:

**FOLLOW
THROUGH:
(2 parts)**

- Hold the trigger back
(release only until reset).

- Take a mental snapshot of
where the front sight was on
the target when the round
went off.