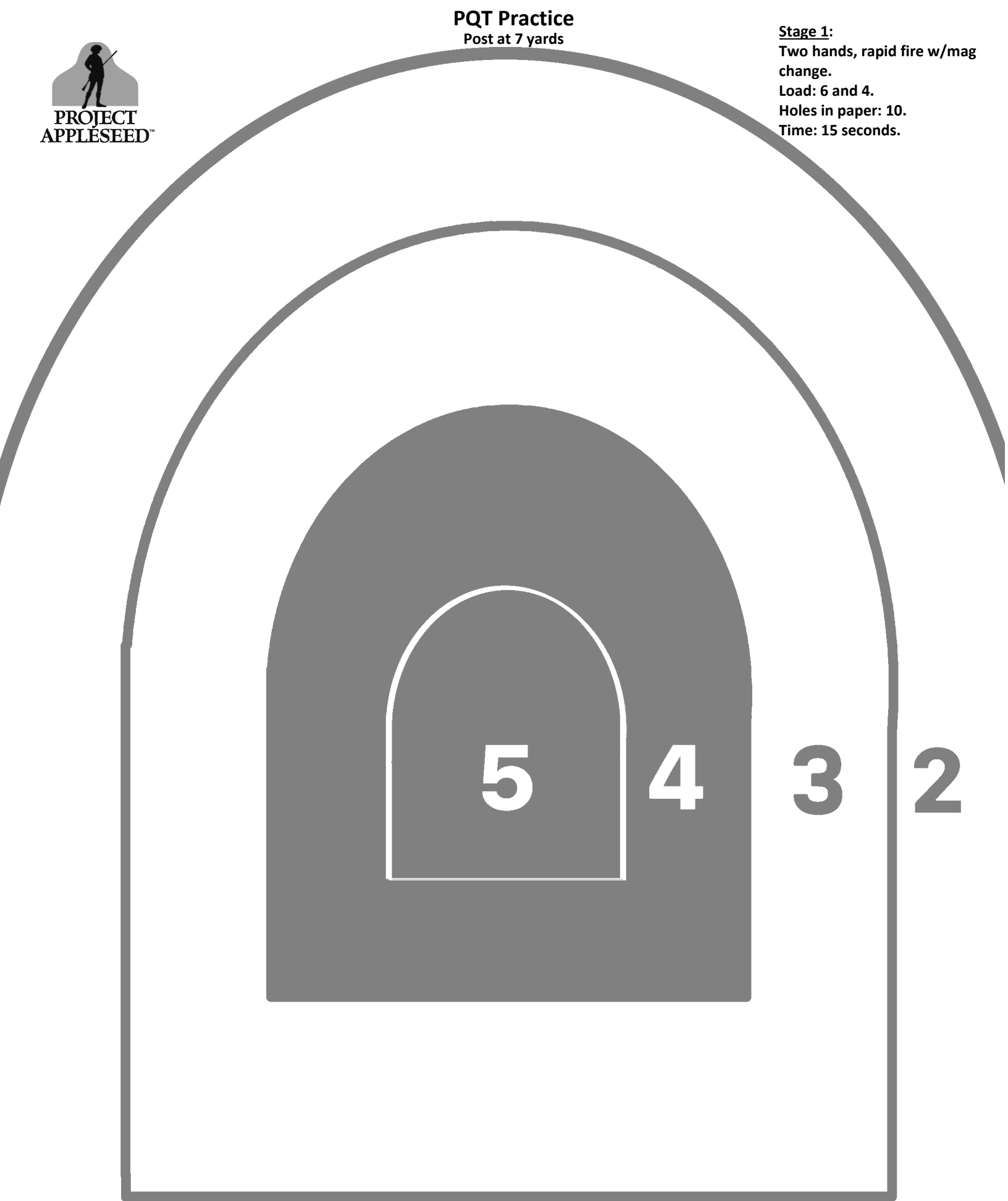




**PQT Practice**  
Post at 7 yards

**Stage 1:**  
Two hands, rapid fire w/mag  
change.  
Load: 6 and 4.  
Holes in paper: 10.  
Time: 15 seconds.





## PQT Practice

Stages 2, 3 & 4

Post 2 targets at 7 yards,  
5" apart

### Stage 2:

Load: 6 and 4.

Shoot: Two hands, 10 rounds rapid  
fire, alternate 2 left, 2 right.

Holes in paper: 6 left, 4 right.

Time: 15 seconds.

### Stage 3:

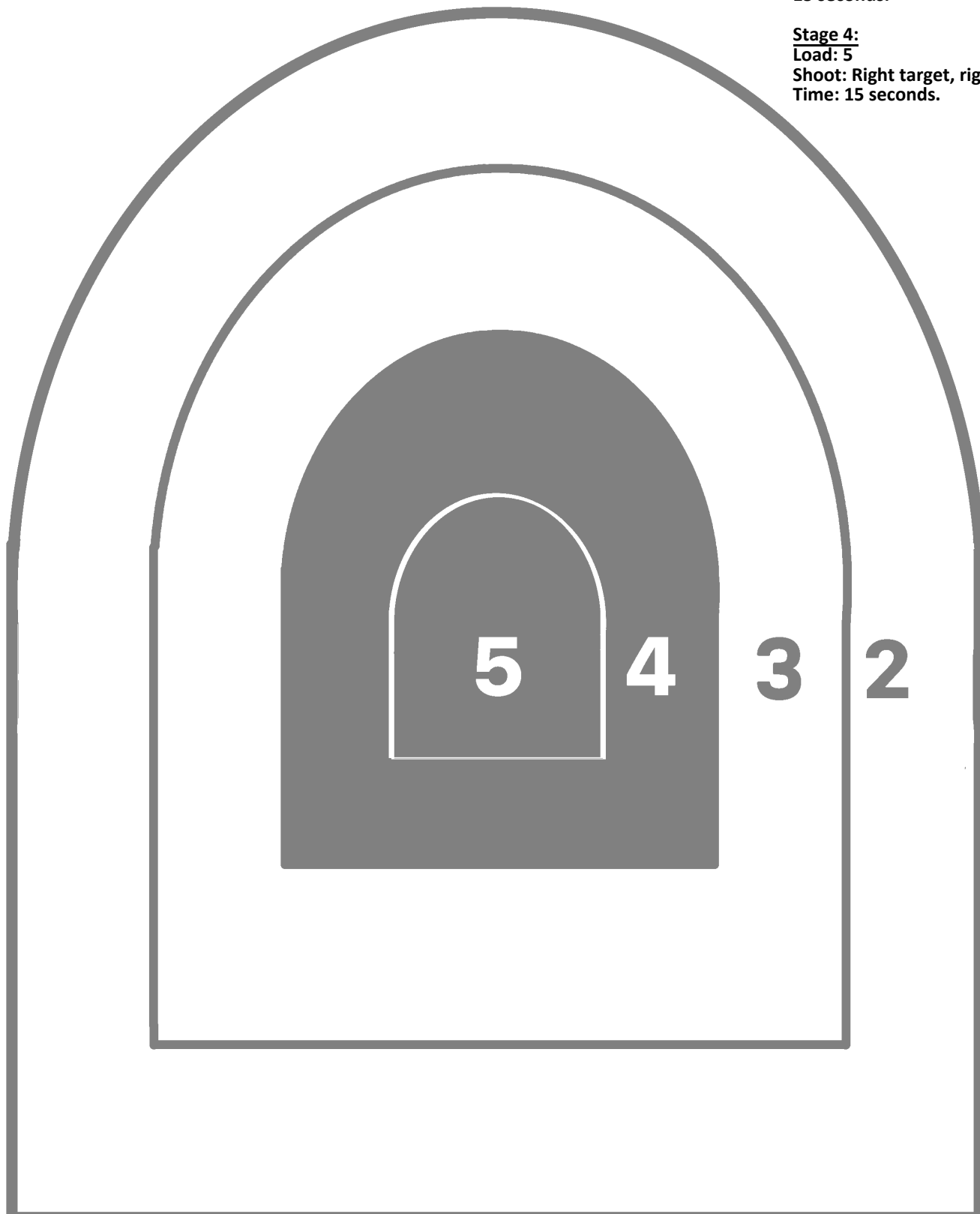
Load: 5.

Shoot: Left target, left hand. Time:  
15 seconds.

### Stage 4:

Load: 5

Shoot: Right target, right hand.  
Time: 15 seconds.

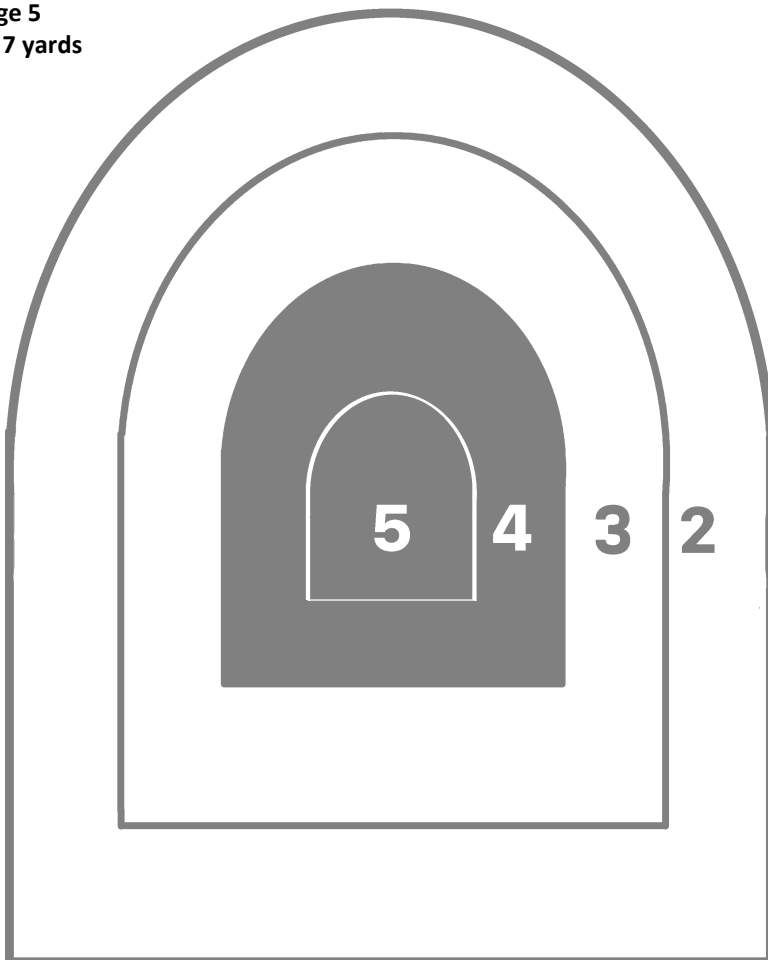
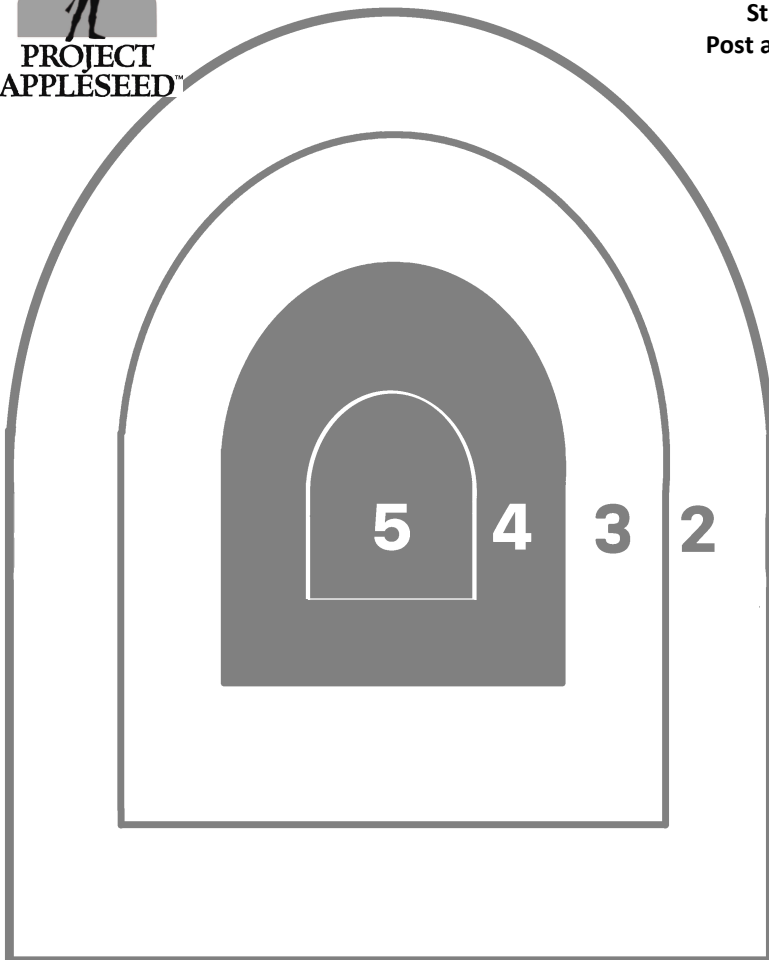




## PQT Practice

Stage 5

Post at 7 yards



### Stage 5:

Two Hands, Slow Fire.

Load: 10.

Holes in paper: 2, 2, 3, 3.

Time: 2 Minutes.

