

4 SAFETY RULES:

- 1 – Always keep the muzzle in a safe direction.
- 2 – Do not load until given the load command.
- 3 – Keep your finger off the trigger until your sights are on the target.
- 4 – Make sure those around you follow the safety rules.
Everyone is a safety officer.

SAFE RIFLE:

Magazine out -
Bolt locked back -
Safety on -
Chamber flag in -
Rifle grounded
No one near / touching

Mags out
Bolts back
Safeties on
Flags in

SIX STEPS:

- 1 – Sight Alignment
- 2 – Sight Picture
- 3 – Respiratory Pause
- 4a – Focus your eye on the front sight
- 4b – Focus your mind on keeping the front sight on the target.
- 5 – SQUEEZE the trigger.
- 6 – Follow through
 - a – Trap the trigger back
 - b – Call the shot (mental snapshot)

NPOA:

Steps 1-3 then:
Close your eyes, relax.
Breathe, do not force the exhale.
Open your eyes and check sight picture.
If needed, adjust position
Wash, rinse, repeat

STEADY HOLD FACTORS:

Hand makes a platform
Elbow underneath rifle
Sling, check for canting
Body angle, Support leg (foot)
Trigger leg
Trigger elbow
Trigger hand and finger. Dragging wood?
Turkey neck, consistent cheek weld

LINE COMMANDS:

(S)HOOTERS,
your (X min) preparation period
begins NOW!

(S)HOOTERS,
your preparation period has ended.

(non transition)

With x rounds, LOAD
(transition stages 2 & 3, flags in tubers)
SAFETIES ON! STAND

Is the line ready?...ready on the right?
...left?

All ready on the firing line....**FIRE!**

CEASE FIRE! CEASE FIRE! CEASE FIRE!
(Unload and Clear....)

Is the line clear on the right?; ...left?

THE LINE IS CLEAR, THE LINE IS CLEAR.

Shooters,
you may proceed downrange and
do cartwheels for my amusement.

QDAQT.....COURSE OF FIRE:

STAGE 1: Prep 1 mag: 10 2 min.
Standing 1 target

STAGE 2: Prep 2 mags: 2 & 8 55 sec.
Transition standing to sitting, 5, 5
5 shots on each target,

STAGE 3: Prep 2 mags: 2 & 8 65 sec.
Transition standing to prone 3, 3, 4

STAGE 4: Prep 1 mag: 10 5 min.
Slow fire prone 2, 2, 3, 3

\$\$\$money round\$\$\$