

Appleseed POI – Chugiak, Alaska November 7, 2015
Birchwood Recreation & Shooting Park

Pre-Shoot Instructor Meeting: NLT 0730

Admin Drill – Check-in & Equipment to the line: 0800-0900

Admin & Check-in – **FourFans & Travis**

Gate patrol / Parking lot – **Eagleriver & 450bush**

Equipment / Firing / Target Lines – **Pete!, Tutt270, 450bush, 509gman**

Line Boss: **509gman**

Welcome and Introductions: (no later than 0905) –

Instructors self-intro; comment on Hats / All Qual. Rifleman & have done what you are doing; they will ensure every individual has 1 on 1 instruction during the day

- What is Appleseed?
 - 501(c)(3) Non-Profit, 100% volunteer
 - The mission of Appleseed is to reignite the Spirit of the American Revolution, “the Spirit of ‘76”, by instructing Americans in the uniquely American Traditional Rifle marksmanship and by presenting the true Story of April 19th, 1775.
 - We present the absolute best of the fundamentals of Rifle Marksman ship because that is a uniquely American Heritage
 - We present the Heritage that belongs to every American – our beginning as an independent country the First Day of the American Revolutionary War – April 19th, 1775. Not the myth, but the personal stories of those that sacrificed that we might the Liberty we are enjoying this very moment. And deliver it intact to future generations.
 - There are 4 Questions every American should be able to answer and we’ll take about those today:
 - 1. Where & When was the American Revolution won?
 - 2. Where, When & Why did the American Revolution start? Lexington? Concord? (Shot Hear Around the World?)
 - 3. What caused the British Regulars, one of the finest in world, to break and run at the North Bridge?
 - 4. Who fired the first shots on Lexington Green that morning?
 - Not only these questions, but during the weekend I want you to consider the Choice the Founders faced and the Consequences they lived with:
 - Medical
 - Safety net
 - Legal / Treason
 - No benefit of hindsight
 - What would you or I do?
- What is Appleseed Not?
 - We do not espouse any doctrine or show support for any organizations which advocate racial or religious discord, communism, socialism or unconstitutional use of violence. Such is most unwelcome here.
- What do we expect from you?
 - Teachable attitude. Try our way, you might like it! 1,000’s of Riflemen over 200 years
 - Try not to talk when Instructor talking – helps your neighbor
 - We will be ‘drinking from a fire hose’

- Emergency Procedures
 - Any medically trained individuals, willing to help
- Personal care, hydration, adaptive factors, care of equipment
 - This is intensive course. If you need to take a break before we call, one that is fine. Please let the nearest instructor know.
 - Do not do anything you feel endangers yourself or others. We are glad to help you adapt.
 - Hydration is key. I encourage to drink plenty of water through the day
 - The positions we teach are likely uncomfortable at first, they were for me. With practice they became comfortable.
 - Bathrooms & Smoking Area
 - You will hear us encourage you with “quickly, quickly” because we have so much to cover & having experienced Appleseed ourselves as students first, we know how good the instruction is!

Safety Briefing – Travis

- 4 rules – get TPI – List, then List/Explain, then List again, then get Chorus
 - **ALWAYS** KEEP THE MUZZLE IN A SAFE DIRECTION
 - **DO NOT** LOAD UNTIL GIVEN THE LOAD COMMAND
 - KEEP YOUR FINGER **OFF** THE TRIGGER UNTIL THE SIGHTS ARE ON THE TARGET
 - MAKE SURE **THOSE AROUND YOU** FOLLOW THE SAFETY RULES

Hand out Chamber Flags – – Introduce Hand Out Packets

Any tube fed rifles? Any bolt action? Any AK/SKS?

Safe Rifle – Tutt270

- Magazine **Out**
- Bolt **back** (and locked)
- Safety **On**
- Chamber Flag **In** (chamber)
- Rifle **Grounded** – Step Back
- **No One Touching** the rifle

FourFans

Safety Issues: Hot brass/bee stings/asteroids & Rule #1 **ALWAYS**;

How to handle Hot Brass – grasp handful of garment and pull all away from skin

What is chamber flag?, How to use it? How to care for? Make sure all comes out every time, Do not cut, bend if needed, If it breaks tell us, we can help – rod rifle, We'll give you a replacement as we have lots of flags.

Nothing left on mats.

Care of your equipment

Eye Pro

Ear Pro & cumulative hearing loss

Lead exposure

Misfires, hang fires, squibs – 509gman

Other Malfunctions, FTF, FTE, Double Feed, bent rounds etc, What to do? Safe Rifle First

Recap Safety Rules – 509gman

- **Line Commands [LB: 509gman]**
 - Shooters your Preparation Period begins now!
 - Shooters your Preparation Period has ended!
 - With **X** Rounds, **LOAD [BE SURE TO CONTRAST 'PREP MAGAZINE']**
 - Ready on the right?
 - Ready on the Left?
 - All Ready on the Firing Line?
 - **FIRE!**
 - **CEASE FIRE! CEASE FIRE! CEASE FIRE!**
 - Unload and Clear!
 - Is the line clear on the right?
 - Is the line clear on the left?
 - **THE LINE IS CLEAR! THE LINE IS CLEAR!**
 - Shooters, may proceed down range! Etc.

Rifles to the Line! Quickly quickly, please! – [fisherdawg]

1. Turn over to LB for COF – [509gman]

{Benediction Notes:

- **This is a call to action**
- **The Boxes versus the Choice**
- **Get off the couch**
 - **Dry Fire**
 - **12' AQT**
 - **CMP**
 - **KD**
 - **7th step**
 - **The Orange Hat}**

Chugiak, Alaska November 7, 2015 COURSE OF FIRE
Day One – Saturday (round count 151 – 191)

<p>Post Red Coat LB: 509gman Prep: 1 mag, 13 rounds</p> <p>SOF: Redcoat (FourFans) to intro w/ Historical Frame) Post 2 Squares</p> <p>Instruct: Sling Use, Prone SHF's (Pete!/Maniac)</p> <p>LB: 509gman Prep: 1 mag 5 rounds, top sheet, center square SOF: prone, 1 mag, 60 seconds</p> <p>[fisherdawg: Review Prone SHF] Instruct: Six Steps (FourFans)</p> <p>LB: 509gman Prep: 1 mag, 5 rounds, top sheet, top left square SOF: prone, 1 mag, 60 seconds</p> <p>[fisherdawg: Review Six Steps] Instruct: Talking targets, I-M-C (Pete!/FourFans)</p> <p>LB: 509gman Prep: 1 mag, 5 rounds, top sheet, top right square SOF: prone, 1 mag, 60 seconds</p> <p>Instruct: NPOA w/ laser (FourFans/EagleRiver)</p> <p>LB: 509gman Prep: 1 mag, 5 rounds, top sheet, bottom left square SOF: prone, 1 mag, 60 seconds</p> <p>Instruct: Rifleman's Cadence (EagleRiver) Instructors: Card Sights during Prep for NPOA</p> <p>LB: 509gman Prep: 1 mag, 5 rounds top sheet, bottom right square SOF: prone, 1 mag, 60 seconds</p> <p>Instruct: Ball & Dummy (Pete!)</p> <p>LB: 509gman Prep: 5 rounds loose, bottom sheet, center square SOF: prone 60 seconds, 10 minutes per shooter / 20 minutes total</p> <p>LUNCH</p> <p>1st Strike: (fisherdawg) 2nd Strike: (Pete!)</p> <p>Instruct: magazine change (450bush)</p> <p>LB: FourFans Prep: 2 mags, 2 & 3 SOF: prone, bottom sheet, top left square, 60 seconds</p> <p>Instruct: mag change, NPOA shift (509gman/eagleriver)</p> <p>LB: FourFans Prep: 2 mags, 2 & 8 SOF: prone, 2 mag, 10 rounds, 75 seconds, bottom sheet, bottom row, holes in paper 5 & 5</p> <p>Post AQT</p> <p>Instruct: Seated/Kneeling Positions (eagleriver/509gman)</p>	<p>LB: FourFans Prep: 2 mags 2 & 8 SOF: Stage 2 w/ mag change, 75 seconds (repeat as needed)</p> <p>Instruct Transition to Seated/Kneeling (Pete!/450bush)</p> <p>LB: FourFans Prep: 2 mags 2 & 8 SOF: Stage 2 w/ mag change & Transition, 75/55 seconds (repeat as needed)</p> <p>Instruct Transition to Prone (509gman/EagleRiver)</p> <p>Prep: 2 mags 2 & 8 SOF: Stage 3 w/ mag change & Transition, 75/65 seconds (repeat as needed)</p> <p>Instruct: Standing Position (450bush/Maniac)</p> <p>LB: FourFans Prep: 1 mag, 10 rounds SOF: Stage 1, 2 minutes (repeat if needed)</p> <p>BREAK for 3rd Strike: fisherdawg</p> <p>LB: 450bush Post AQT Prep: 1 mag, 10 rounds, stage 1 SOF: Stage 1, AQT, 2 minutes</p> <p>Prep: 2 mags, 2+8 SOF: Stage 2, AQT, 55 seconds</p> <p>Prep: 2 mags, 2+8 SOF: Stage 3, AQT, 65 seconds</p> <p>Prep: 1 mag, 10 rounds SOF: Stage 4, AQT, 5 minutes</p> <p>(depending on shooter enthusiasm & time monkey, continue shooting AQT's, then post Red Coat)</p> <p>LB: 450bush Prep: 1 mag, 13 rounds SOF: Redcoat</p> <p>Redcoat review, Patch Presentations & Benediction: fisherdawg</p> <p style="text-align: center;">Redcoat Results</p> <table border="1" style="margin-left: auto; margin-right: auto; border-collapse: collapse;"> <thead> <tr> <th style="width: 30%;"></th> <th style="width: 20%; text-align: center;">AM</th> <th style="width: 20%; text-align: center;">PM</th> <th style="width: 30%;"></th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">100/</td> <td></td> <td></td> <td style="text-align: center;">100/</td> </tr> <tr> <td style="text-align: center;">200/</td> <td></td> <td></td> <td style="text-align: center;">200/</td> </tr> <tr> <td style="text-align: center;">300/</td> <td></td> <td></td> <td style="text-align: center;">300/</td> </tr> <tr> <td style="text-align: center;">400</td> <td></td> <td></td> <td style="text-align: center;">400</td> </tr> <tr> <td style="text-align: center;">HS/</td> <td></td> <td></td> <td style="text-align: center;">HS/</td> </tr> <tr> <td style="text-align: center;">CL/</td> <td></td> <td></td> <td style="text-align: center;">CL/</td> </tr> </tbody> </table> <p>SHOOTERS : AM _____; PM _____ RIFLEMEN _____</p>		AM	PM		100/			100/	200/			200/	300/			300/	400			400	HS/			HS/	CL/			CL/
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