

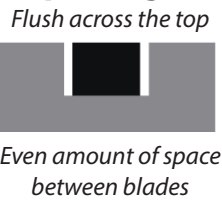
# 6 Steps of Firing the Shot

## 1. Sight Alignment

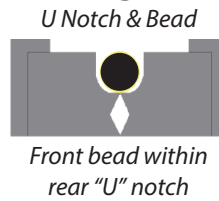
### Peep Sight



### Open Sight



### Ruger



### Scope



## 2. Sight Picture



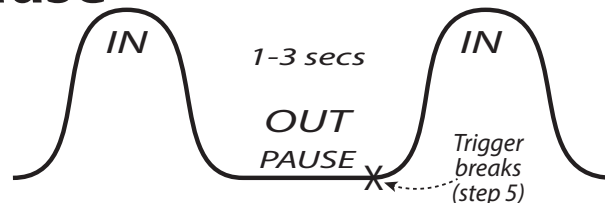
(6 o'clock hold recommended for accuracy)



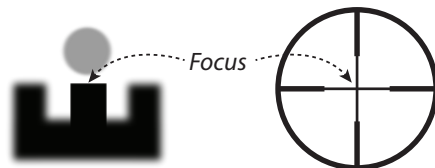
Center of Target

## 3. Respiratory Pause

At bottom of breath cycle, hold your breath 1-3 seconds



## 4a. Focus your eye on the front sight.



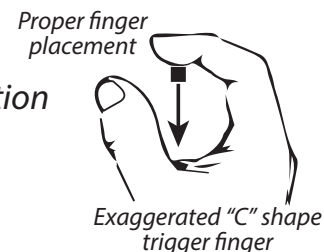
Let the target and the rear sight go blurry

## 4b. Focus your mind on keeping the front sight on the target.

Let go of distractions and discomforts. Focus on taking the shot.

## 5. Squeeze the trigger

Take up the slack, squeeze straight back in a smooth motion  
Do not bounce or jerk the trigger.  
First pad of index finger centered on trigger.



## 6. Follow through *Don't blink!*

Hold the trigger back and take a mental snapshot of where the front sight or crosshair was when the shot broke, then release trigger slowly until it resets.