

Appleseed POI – Chugiak, Alaska October 10 & 11, 2015
Birchwood Recreation & Shooting Park

Pre-Shoot Instructor Meeting: NLT 0730

Admin Drill – Check-in & Equipment to the line: 0800-0900

Admin & Check-in – **Fisherdawg & Travis**

Gate patrol / Parking lot – **Eagleriver & 450bush**

Equipment / Firing / Target Lines – **FourFans, Oldmikey, hogfamily, Robert,**

Line Boss: **ericbovee**

Welcome and Introductions: (no later than 0905) –

Instructors self-intro; comment on Hats / All Qual. Rifleman & have done what you are doing; they will ensure every individual has 1 on 1 instruction during the day

- What is Appleseed?
 - 501(c)(3) Non-Profit, 100% volunteer
 - The mission of Appleseed is to reignite the Spirit of the American Revolution, “the Spirit of ’76”, by instructing Americans in the uniquely American Traditional Rifle marksmanship and by presenting the true Story of April 19th, 1775.
 - We present the absolute best of the fundamentals of Rifle Marksman ship because that is a uniquely American Heritage
 - We present the Heritage that belongs to every American – our beginning as an independent country the First Day of the American Revolutionary War – April 19th, 1775. Not the myth, but the personal stories of those that sacrificed that we might the Liberty we are enjoying this very moment. And deliver it intact to future generations.
 - There are 4 Questions every American should be able to answer and we’ll take about those today:
 - 1. Where & When was the American Revolution won?
 - 2. Where, When & Why did the American Revolution start? Lexington? Concord? (Shot Hear Around the World?)
 - 3. What caused the British Regulars, one of the finest in world, to break and run at the North Bridge?
 - 4. Who fired the first shots on Lexington Green that morning?
 - Not only these questions, but during the weekend I want you to consider the Choice the Founders faced and the Consequences they lived with:
 - Medical
 - Safety net
 - Legal / Treason
 - No benefit of hindsight
 - What would you or I do?
- What is Appleseed Not?
 - We do not espouse any doctrine or show support for any organizations which advocate racial or religious discord, communism, socialism or unconstitutional use of violence. Such is most unwelcome here.
- What do we expect from you?
 - Teachable attitude. Try our way, you might like it! 1,000’s of Riflemen over 200 years
 - Try not to talk when Instructor talking – helps your neighbor
 - We will be ‘drinking from a fire hose’

- Emergency Procedures
 - Any medically trained individuals, willing to help
- Personal care, hydration, adaptive factors, care of equipment
 - This is intensive course. If you need to take a break before we call, one that is fine. Please let the nearest instructor know.
 - Do not do anything you feel endangers yourself or others. We are glad to help you adapt.
 - Hydration is key. I encourage to drink plenty of water through the day
 - The positions we teach are likely uncomfortable at first, they were for me. With practice they became comfortable.
 - Bathrooms & Smoking Area
 - You will hear us encourage you with “quickly, quickly” because we have so much to cover & having experienced Appleseed ourselves as students first, we know how good the instruction is!

Safety Briefing – 450bush

- 4 rules – get TPI – List, then List/Explain, then List again, then get Chorus
 - **ALWAYS** KEEP THE MUZZLE IN A SAFE DIRECTION
 - **DO NOT** LOAD UNTIL GIVEN THE LOAD COMMAND
 - KEEP YOUR FINGER **OFF** THE TRIGGER UNTIL THE SIGHTS ARE ON THE TARGET
 - MAKE SURE **THOSE AROUND YOU** FOLLOW THE SAFETY RULES

Hand out Chamber Flags – – Introduce Hand Out Packets

Any tube fed rifles? Any bolt action? Any AK/SKS?

Safe Rifle – Robert

- Magazine **Out**
- Bolt **back** (and locked)
- Safety **On**
- Chamber Flag **In** (chamber)
- Rifle **Grounded** – Step Back
- **No One Touching** the rifle

fisherdawg

Safety Issues: Hot brass/bee stings/asteroids & Rule #1 **ALWAYS**;

How to handle Hot Brass – grasp handful of garment and pull all away from skin

What is chamber flag?, How to use it? How to care for? Make sure all comes out every time, Do not cut, bend if needed, If it breaks tell us, we can help – rod rifle, We'll give you a replacement as we have lots of flags.

Nothing left on mats.

Care of your equipment

Eye Pro

Ear Pro & cumulative hearing loss

Lead exposure

Misfires, hang fires, squibs – Hogfamily

Other Malfunctions, FTF, FTE, Double Feed, bent rounds etc, What to do? Safe Rifle First

Recap Safety Rules – Fireweed

- **Line Commands [LB: ericbovee]**
 - Shooters your Preparation Period begins now!
 - Shooters your Preparation Period has ended!
 - With **X** Rounds, **LOAD [BE SURE TO CONTRAST 'PREP MAGAZINE']**
 - Ready on the right?
 - Ready on the Left?
 - All Ready on the Firing Line?
 - **FIRE!**
 - **CEASE FIRE! CEASE FIRE! CEASE FIRE!**
 - Unload and Clear!
 - Is the line clear on the right?
 - Is the line clear on the left?
 - **THE LINE IS CLEAR! THE LINE IS CLEAR!**
 - Shooters, may proceed down range! Etc.

Rifles to the Line! Quickly quickly, please! – [fisherdawg]

1. Turn over to LB for COF – [ericbovee or FourFans]

{Benediction Notes:

- **This is a call to action**
- **The Boxes versus the Choice**
- **Get off the couch**
 - **Dry Fire**
 - **12' AQT**
 - **CMP**
 - **KD**
 - **7th step**
 - **The Orange Hat}**

Chugiak, Alaska October 10 & 11, 2015 COURSE OF FIRE
Day One – Saturday (round count 151 – 191)

Post Red Coat
LB: **ericbovee**
Prep: 1 mag, 13 rounds

SOF: Redcoat (**FourFans**) to intro w/ Historical Frame)
Post 2 Squares

Instruct: Sling Use, Prone SHF's (Fireweed/hogfamily)

LB: **ericbovee**
Prep: 1 mag 5 rounds, top sheet, center square
SOF: prone, 1 mag, 60 seconds

[fisherdawg: Review Prone SHF]
Instruct: Six Steps (FourFans)

LB: **ericbovee**
Prep: 1 mag, 5 rounds, top sheet, top left square
SOF: prone, 1 mag, 60 seconds

[fisherdawg: Review Six Steps]
Instruct: Talking targets, I-M-C (FourFans/hogfamily)

LB: **ericbovee**
Prep: 1 mag, 5 rounds, top sheet, top right square
SOF: prone, 1 mag, 60 seconds

Instruct: NPOA w/ laser (Oldmikey/Fireweed)

LB: **ericbovee**
Prep: 1 mag, 5 rounds, top sheet, bottom left square
SOF: prone, 1 mag, 60 seconds

Instruct: Rifleman's Cadence (FourFans)
Instructors: Card Sights during Prep for NPOA

LB: **ericbovee**
Prep: 1 mag, 5 rounds top sheet, bottom right square
SOF: prone, 1 mag, 60 seconds

Instruct: Ball & Dummy (hogfamily)

LB: **ericbovee**
Prep: 5 rounds loose, bottom sheet, center square
SOF: prone 60 seconds, 10 minutes per shooter /
20 minutes total

LUNCH

1st Strike: (fisherdawg)
2nd Strike: (Fireweed)

Instruct: magazine change (450bush)

LB: **Oldmikey**
Prep: 2 mags, 2 & 3
SOF: prone, bottom sheet, top left square, 60 seconds

Instruct: mag change, NPOA shift (Fireweed/eagleriver)

LB: **Oldmikey**
Prep: 2 mags, 2 & 8
SOF: prone, 2 mag, 10 rounds, 75 seconds, bottom sheet,
bottom row, holes in paper 5 & 5

Post AQT

Instruct: Seated/Kneeling Positions (eagleriver/Fireweed)

LB: **Oldmikey**
Prep: 2 mags 2 & 8
SOF: Stage 2 w/ mag change, 75 seconds
(repeat as needed)

Instruct Transition to Seated/Kneeling (FourFans/Fireweed)

LB: **Oldmikey**
Prep: 2 mags 2 & 8
SOF: Stage 2 w/ mag change & Transition, 75/55 seconds
(repeat as needed)

Instruct Transition to Prone (FourFans/hogfamily)

Prep: 2 mags 2 & 8
SOF: Stage 3 w/ mag change & Transition, 75/65 seconds
(repeat as needed)

Instruct: Standing Position (ericbovee/Robert)

LB: **Oldmikey**
Prep: 1 mag, 10 rounds
SOF: Stage 1, 2 minutes
(repeat if needed)

BREAK for 3rd Strike: fisherdawg

LB: **450bush**
Post AQT
Prep: 1 mag, 10 rounds, stage 1
SOF: Stage 1, AQT, 2 minutes

Prep: 2 mags, 2+8
SOF: Stage 2, AQT, 55 seconds

Prep: 2 mags, 2+8
SOF: Stage 3, AQT, 65 seconds

Prep: 1 mag, 10 rounds
SOF: Stage 4, AQT, 5 minutes

(depending on shooter enthusiasm & time monkey, continue
shooting AQT's, then post Red Coat)

LB: **450bush**
Prep: 1 mag, 13 rounds
SOF: Redcoat

Redcoat review, Patch Presentations & Benediction:
fisherdawg

Redcoat Results

	AM	PM
100/		100/
200/		200/
300/		300/
400		400
HS/		HS/
CL/		CL/

SHOOTERS : AM _____; PM _____
RIFLEMEN _____

Chugiak, Alaska October 10 & 11, 2015 COURSE OF FIRE
Day Two – Sunday (round count 311 – 391)

Admin Drill: (____/____)
Parking Lot ____/____ **Target & firing line** (____/____)
Intro & Safety Brief: fisherdawg & others as called

Post Red Coat

LB: ____
Prep: Mags for 13 rounds
SOF: Redcoat, 60 seconds
Post 1 Squares

Instruct: Sling use, prone SHF, Six Steps (____/____)

LB: ____
Prep: 1 mag, 5 rounds
SOF: Center square, prone, 60 seconds

Instruct: Verify zero, talking targets, shoot group analysis, IMC (____/____)

LB: ____
Prep: 1 mag 5 rounds
SOF top left square, 60 seconds

Instruct: NPOA shift (____/____)

LB: ____
Prep: 2 & 8
SOF: bottom 2 squares, hoes 5 & 5, 60 seconds
(based on results, perform NPOA drill if needed)
Post AQT

Instruct :Seated/Kneeling (____/____)

LB: ____
Prep: 2 & 3,
SOF: Stage 2 / no transition, holes 3 & 2
Repeat with transition
Prep: 2 & 8
SOF: Stage 2 w/ transition 55 seconds
Holes 5 & 5

Instruct: Transition to Prone (____/____)

LB ____
Prep: 2 & 8
SOF Stage 3 w/ transition 65 seconds

Post AQT

LB: ____
SOF AQT Stage by Stage

LUNCH

Dangerous Old Men

Whittemore:

Lamson

Wyman:

Deacon Haynes:

John Weighton:

The Marriage that Never happened:

Dangerous Dames

AQT Grind

1st LB: ____

Trade off LB on each AQT or 2

Drills / stars/ such as NPOA or Rifleman's cadence
Or transition to first shot within 12-14 seconds

LB: fisherdawg

Prep: 1 mag, 13 rounds
SOF: Redcoat

AQT Tally: 1 2 3 4 5 6 7 8 9 10

Redcoat review, Patch Presentations & Benediction:
fisherdawg

Redcoat Results

AM PM

100/
200/
300/
400
HS/
CL/

100/
200/
300/
400
HS/
CL/

SHOOTERS ON THE LINE AM: _____ PM: _____
RIFLEMEN: _____
