



## Project Appleseed at Lone Pine Range August 1 & 2



Northwest Region Project Appleseed

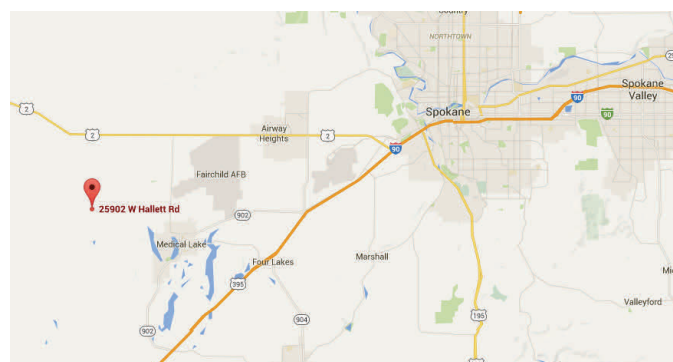
### Learn the fundamentals of Rifle Marksmanship!

- 6 steps of firing a shot
- Steady Hold Factors for field position shooting (prone, sitting, kneeling and standing)
- How to use a sling as a marksmanship aid
- How to use your Natural Point Of Aim
- How to zero your rifle using Inches, Minutes & Clicks

Everything you need to know to engage a 20" target out to 500 yards or the Rifleman's Quarter Mile.

### What to bring

- A rifle—anything up to 8mm. Our suggestion is a semi auto, magazine fed with adjustable sights (or scope) and an adjustable sling (GI style web sling is ideal). .22LR is okay
- Ammo—about 400 rounds
- A teachable attitude—even if you 'know how to shoot' let us add some tools to your range bag
- Eye and Ear protection
- Sack lunch, high protein snacks & water bottle



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Register now @ [www.appleseedinfo.org](http://www.appleseedinfo.org)

### Who can come?

- Appleseed is very family friendly. We are working with firearms so a level of maturity is expected. Young shooters need to be able to charge their own magazines and manipulate the bolt by themselves.
- Everyone needs to hear the story of April 19th, 1775 and the start of the American Revolutionary War. It is a day extraordinary men and women stood against tyranny and gave us the gift of Liberty. Come learn about your heritage as an American—as a Rifleman!

A Rifleman can put 10 rounds in this box @ 25m  
without a bench or bi pod in 60 sec—Are you a Rifleman?

