

First Aid Kit

Try to pack as much of this stuff as you can into the smallest case you're comfortable with.

Case

Good



Better



Gloves (3 pr. min.)



Band-aids / Steri-strips



4 X 4's / Gauze Pads



Gauze Roll



Coflex (vet tape) or ACE bandage



Moleskin



CPR Mask



Pressure bandage



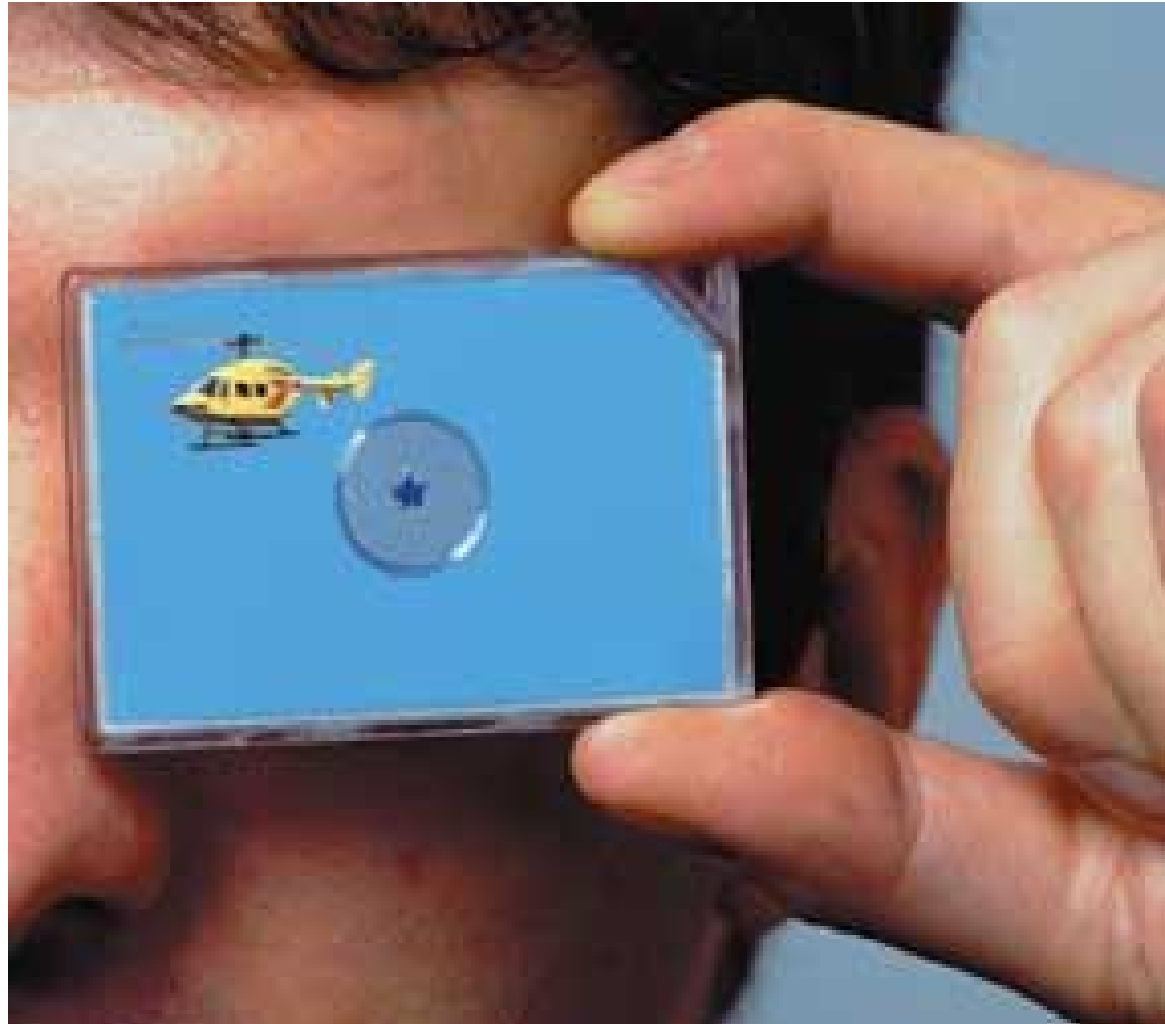
Trauma Scissors



Sam Splint



Mirror for self care (eyes)



Light Pen (not “Tactical”)



Large Safety Pins & Needles



Duck Tape



Butterflies & Super Glue



Flame

Best Option



Better than nothing



Whistle



Alcohol

Small Leak proof container



Best Option



Cutting tool

Great option



Possibly better???

