

**INTRODUCTION
TO COMPETITION
with the
SERVICE RIFLE**

SPONSORED BY

**VIRGINIA FIREARMS EDUCATION
AND
MARKSMANSHIP, INC.
(VFEMI)**

INSTRUCTORS:

**JIM MORGAN (540-775-5204)
AND THE
VFEMI HIGH POWER TEAM**

Date: March 7-8, 2015

Location: Cavalier Rifle and Pistol Club,
14151 Boondock Ln. Montpelier, VA

Course: \$65.00 (includes one year VFEMI membership)

Options:

Equipment, rifle, Ammo: \$45.00

Ammo Only: 100 rounds (\$40.00)

PROGRAM OVERVIEW

DAY 1

0800 WELCOME, INTRODUCTIONS, OVERVIEW

SAFETY RULES; GENERAL

SAFETY RULES; RANGE

0900 DUTIES OF THE SHOOTER; SCORER; TGT PULLER

1000 BASIC SHOOTING TECHNIQUES

1100 PERSONAL CONDITIONING

1200 LUNCH

1300 DATA BOOK; CALLING THE SHOT/PLOTTING THE SHOT, ZEROING THE RIFLE.

1400 ON THE RANGE -

POSITION DEVELOPMENT and ZEROS

10 rds - Standing; 3 sets of 3

10 - Sitting/Prone Rapid;

10 - Prone Slow (40 Rds.)

DAY 2

0800 ASSEMBLE ON THE RANGE; HANG TARGETS, How to put the sling on the rifle and use; Will shoot a 600 agg; 2 relay format (if required)

0900 First shot down range

1500 Clean up range,

1530 CLASS ROOM (after we complete shooting and range clean up)
EFFECTS OF THE ENVIRONMENT

1600 GOALS AND GOAL SETTING

1630 INTEGRATED ACT OF SHOOTING