

# **INTRODUCTION TO COMPETITION with the SERVICE RIFLE**

**SPONSORED BY**

**VIRGINIA FIREARMS EDUCATION  
AND  
MARKSMANSHIP, INC.  
(VFEMI)**

**INSTRUCTORS:  
JIM MORGAN (540-775-5204)  
AND THE  
VFEMI HIGH POWER TEAM**

**Date:** March 7-8, 2015

**Location:** Cavalier Rifle and Pistol Club,  
14151 Boondock Ln. Montpelier, VA

**Course:** \$65.00 (includes one year VFEMI membership)

**Options:**

Equipment, rifle, Ammo: \$45.00

Ammo Only: 100 rounds (\$40.00)

# **PROGRAM OVERVIEW**

## **DAY 1**

**0800** WELCOME, INTRODUCTIONS, OVERVIEW

SAFETY RULES; GENERAL

SAFETY RULES; RANGE

**0900** DUTIES OF THE SHOOTER; SCORER; TGT PULLER

**1000** BASIC SHOOTING TECHNIQUES

**1100** PERSONAL CONDITIONING

**1200** LUNCH

**1300** DATA BOOK; CALLING THE SHOT/PLOTTING THE SHOT, ZEROING THE RIFLE.

**1400** ON THE RANGE -

POSITION DEVELOPMENT and ZEROS

10 rds - Standing; 3 sets of 3

10 - Sitting/Prone Rapid;

10 - Prone Slow ( 40 Rds.)

## **DAY 2**

**0800** ASSEMBLE ON THE RANGE; HANG TARGETS, How to put the sling on the rifle and use; Will shoot a 600 agg;  
2 relay format (if required)

**0900** First shot down range

**1500** Clean up range,

**1530** CLASS ROOM (after we complete shooting and range clean up)  
EFFECTS OF THE ENVIRONMENT

**1600** GOALS AND GOAL SETTING

**1630** INTEGRATED ACT OF SHOOTING